



Media Release

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Art Competition Winners Announced

Palliative Care Australia (PCA) is delighted to announce the winners of the 2018 [online art competition](#), which followed the theme of 'What matters most during the holiday season', which received 125 entries from across Australia.

This year, entrants were encouraged to reflect on what is most important to them in the lead up to Christmas and during the holiday season, and submit a photograph of their artwork for judging and inclusion in an online exhibition.

The overall winner will take home \$1500 in prize money, with \$1000 going to the people's choice award winner. The winner of the PCA prize will have their artwork featured on PCA's marketing and promotional materials.

Overall winner – 'Home is where the Heart is' by Carissa Paglino, NSW.



Ms Paglino's Artwork depicts a human heart as an heirloom Christmas bauble, inside of which a family of mice enjoy a simple home Christmas together.

"After losing my other Nan suddenly and also having my own near death experience, I know that nearing the end of your life, family is what is most important" Ms Paglino said.

Competition judges Karen Benjamin and Sarah Richards both selected Ms Paglino's artwork as their top pick for this year's overall winner's prize. Both judges expressed how the artwork epitomises the tugging of heart strings we all feel during the holiday season, capturing the theme of 'what matters most during the holiday season' perfectly.

People's Choice winner – 'See you soon' by Sosan Nasir, NSW



Ms Nasir's illustration includes all the beautiful Christmas lights, ornaments, and trees, which were once very important to her, though she notes "I used my favourite kittens to depict what matters most to me during this holiday season and it's the opportunity to go back home and be surrounded by loved ones and their unconditional love and comfort".

Ms Nasir's piece is the winner of the \$1000 People's Choice prize as voted by the Australian Public.

Palliative Care Australia winner – 'Support' by Carol Nagy, WA



Ms Nagy's Artwork shows how support networks can be made up of many different individuals including brothers, daughters, doctors, neighbours, a spouse, nurses, grand children or lifelong friends.

Ms Nagy describes how it is "the love and support of YOUR network matters most during the holiday season".

This year 'Support' will be featured on the cover of Palliative Care Australia's Christmas card.

View all the entries at www.dyingtotalk.org.au/art/gallery

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