Cunningham Centre for Palliative Care courses

March–October 2018

Palliative Care Perspectives

12-13 March 2018 or 13 to 14 September 2018

A foundation level course on aspects of palliative care for people with a life-limiting illness from the perspective of a specialist palliative care multidisciplinary team.

Participants will be introduced to both physical and psychosocial aspects of care for patients with palliative care needs and their families, with a focus on needs assessment strategies.

For health professionals in acute, chronic, aged care and/or palliative care settings with limited palliative care knowledge or experience.

Symptoms in Advanced Illness

3 May - 4 May 2018 or 29 to 30 October 2018

A foundation level course providing an overview of the more common symptoms experienced by patients with advanced illness. Participants will have the opportunity to enhance their knowledge in the identification and management of complex symptoms in patients with life limiting diseases. For health professionals in acute, chronic, aged care and/or palliative care settings who are providing care to people with a life-limiting illness and/or their caregivers.

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Introduction to Grief and Bereavement

Thursday 24 May 2018

An introductory course on the processes of bereavement and the experiences of bereaved people. Facilitated by a specialist bereavement counsellor this course explores issues related to loss and grief. It covers a range of strategies in dealing with bereavement and the experiences of bereaved people in the period after death has occurred.

For health, care workers and others who work with people following a death.

Advance Care Planning

Friday 17 August 2018

A workshop in advance care planning, including ethical principles and capacity issues relevant to this process.

Participants will have the opportunity to enhance their understanding of communication strategies and reflect on some of the complex issues that influence peoples decisions in advance care planning processes. For health professionals in acute, chronic, aged care and/or palliative care settings who are providing care to people with a life-limiting illness and/or their caregivers

Psychological Care for people who are Bereaved

Monday 20 August 2018

An advanced level course on current theories of bereavement, diagnostic issues related to bereavement, and co-morbidity and treatment considerations when working with people who are bereaved.

For psychologists and other mental health specialists working with people who are bereaved, in a variety of care setting

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The Sacred Heart Supportive and Palliative Care Service, at St Vincent's Hospital, Sydney, is dedicated to providing care, support and an understanding of the needs of persons with a progressive life-limiting illness - recognising that illness also has an impact on families, carers and friends. The multidisciplinary team aims to help patients achieve the best quality of life while also acknowledging and nurturing the uniqueness and spiritual identity of each person.

Courses are run in conjunction with The Cunningham Centre for Palliative Care. The Centre seeks to promote and enable excellence in research, education, clinical practice and quality care in the field of palliative care

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