## **Media Release**



Friday, 4 September 2015

## WA social worker named palliative care Emerging Leader

West Australian social worker Zoe Mitchell has won the inaugural Emerging Leader prize at the Palliative Care Australia Inaugural National Awards overnight.

Ms Mitchell, who works at the Fiona Stanley Hospital in Western Australia, has been recognised for her untiring advocacy for her patients and commitment to palliative care.

PCA CEO Liz Callaghan said recognising a social worker like Ms Mitchell is a great example of the multidisciplinary nature of palliative care.

"Palliative care is truly multidisciplinary. It is care with the patient at the centre and a team working together to help a person and their family through a difficult and challenging period of their lives. It's not just the medical staff that make a difference, but the whole care team.

"Recognising the role a social worker like Ms Mitchell has to play in this care, and her leadership in providing great care to her patients is important," she said.

Ms Callaghan said Ms Mitchell was nominated for the award by her peers, who have acknowledged her tenacity in fighting for her patients and her own commitment to furthering her education and skills.

"Ms Mitchell has shown outstanding promise as a leader of the future and is a good example to others. She is a representative on a number of palliative care committees in Western Australia, she has lead quality improvement projects, presented at conferences to raise awareness of social work in palliative care and helps teach advanced communication skills to clinicians – among many other things.

"It is wonderful to be able to award Ms Mitchell for her work. Most importantly those who nominated her recognised her inspirational behaviour, support, passion for her field of work, commitment to working in partnership, teamwork and respect for others. She is a great example to all of us in palliative care," she said.

The Inaugural PCA National Awards are supported by My Life My Super.

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