Working out what's right for you





A *Dying to Talk* initiative Palliative Care Australia is funded by the Australian Government

Contact List if you need some support

Talking about what you want at the end of your life can help to ease stress for you and your loved ones, so they know how to meet your needs and what support is available to help.

However, thinking and talking about the end of your life can be difficult, and can sometimes raise more questions. If you have any questions, speaking with a healthcare professional can assist you to find support and to help you to work out what is right for you.

Who can I call?